

Healing Transformations therapy

Healing Transformations therapy is based on Dr Deepak Chopra's scientific work. As a renowned endocrinologist and leader in the field of quantum physics and mind-body healing, he has formulated the theory of cellular healing.

It has been scientifically established that cells inside the body regenerate at different speeds – liver cells in 6 weeks, stomach lining cells in 3 days, eye cells in less than 48 hours.

Why is it, you might ask, that a liver riddled with cancer in January would still be riddled with cancer in June? As the liver cells regenerate every 6 weeks, they would already have regenerated several times.

That's a good question to ask don't you think?

Traumatic Memory

Dr Chopra said all of us have, what he calls, 'phantom memories' stored inside our cells. What he means is that inside the degenerative cell lies a traumatic memory. And before that degenerative cell dies, it actually passes on its memory to the next cell generation being born. So the new cell is born as an exact replica of the previous cell. Thus the cells keep replicating themselves, passing on the degenerative memory from one generation to the next and so on.

Cell memory retains ill-causing information

This is why, when you look at January and you see a liver that's riddled with cancer, it would be riddled with cancer in June. It may have replicated itself many times, and yet, what it's replicating is the degenerative cell pattern stored inside.

The successful survivors of serious diseases had two things in common

Chopra compiled tens of thousands of case studies of the process of successful survivors who had healed themselves from serious diseases. He discovered that they had two things in common:

First, they were able to get in touch with the body's infinite intelligence, or 'Source'. Secondly they were able to get access to the cell memory *which they then actually resolved and let go*. If they did this, the degenerative memory was not passed on to the next cell generation, so the next cell was born as a new regenerative healthy cell.

This process is called cellular healing.

Dr Candace Pert

Dr Candace Pert, a Ph.D. in cellular biology and biophysics, has backed up Dr Chopra's research through laboratory experiments. Dr Pert has unequivocally established that emotions and the body are neurologically linked:

There's a chemical expression for every emotion that we have

We need to understand that at a purely chemical level consciousness and emotions are affecting our cells

When we repress an emotion, it releases a chemical into the blood stream. It will go to certain cell receptors and block them, leaving them incapable of communicating with the rest of the cells in the body. If those cell receptors remain blocked over a long period of time, then there is a propensity for diseases to occur in the area where you're blocked.

Dealing with emotions wholesomely

Conversely Dr Pert has also found that when you express emotions wholesomely – i.e. they are fully expressed, you're open to that emotion and not hiding from it or pushing it away – that the cell receptors remain open.

The theory put into practice

Doctors and therapist, agree that Healing Transformations therapy is a successful way of putting the theory into a practical form.

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www.empoweryourlife.therapist.fr/index.htm

Source: Dr Deepak Chopra – Quantum Healing (Bantam Books 1992; ISBN 90-215-8874-9)

Source: Candace B. Pert Ph.D. – Molecules of Emotion (Simon & Schuster 1997; ISBN 0-684-84634-9)